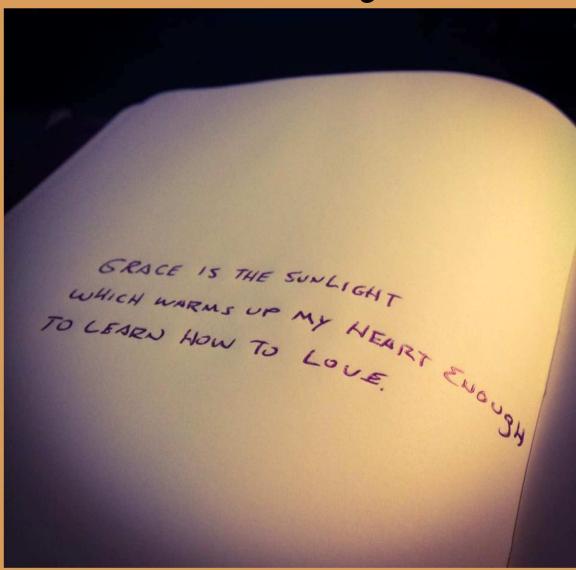
## 5/7/5 Haiku Prayers



John W. Stevens

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# In Memory of James Hugh Drury

We come together Friends who have Christ in common Ones touched by God's Grace

We grieve together Friends holding each other tight In the grip of Grace

We live in the hope Friends embracing each other In Easter promise

#### **Reminders**

Remind me again about how much you love me. Wrap me in your Grace.

Remind me again how nothing can separate me from your love, God.

Remind me again how even when I mess up, You still love me, God.

Remind me again that your free Grace is for real. Let your Grace soak deep.

#### Introduction

In Lent, 2015, I started a practice of writing haiku a day, to help me pray. It was a spiritual practice that forced me to put my thoughts in a fixed container of 5/7/5.

So each day, I wrote and posted haiku under the hashtag, "#haikulent2015," and then "#haikueaster2015," and finally, "#haikuprayers2015".

Haiku prayers became, for me, a way of lifting up my wants, needs, prayers for the world, and my hope for myself and those I love. It is no wonder that the theme of Grace is most prevalently seen in these Haiku.

Thank you for your interest in these prayers, and I hope that you find as much enjoyment in reading them as I have had in writing them. My hope is that, on the other side, you find yourself changed for the better.

John W. Stevens November, 2015 Please, when you find out just how this thing called Grace works: Tell the entire world.

### Lent

Ashes on forehead Marking my humanity Mirror for the world

> The Silence is loud You seem absent and quiet This day needs to end

I start the journey, hoping to find you, my God. You find me instead.

> Children are laughing Listen to the sound of love Drift up to heaven

Darkness fell on me Darkness fell upon Christ, too There Christ will meet us

> Two or three gathered Jesus Christ is in this place The Kingdom has come

My heart is in pain from being shattered again God, hold me tightly Pain is a life fact We are hurt and hurt others Love also exists

> Love will heal our pain God's grace pours over our wounds Heals our hurting hearts

Fed with Bread and wine A meal full of Grace and life Everyone welcome

> Both Saint and sinner God meets you in bread and wine You are new again

Will you prepare me To experience your Grace Showered upon me?

> Heal my broken heart And prepare my mended soul To welcome you now.

Fear takes hold of Death, for Death sees his own demise. Death has been forewarned They ask you questions like, "are you truly a king?" You are King to me.

My heart and mouth ask: Wondering if you love me? Grace overwhelms me.

Hope is a good thing It might be the best of things Hope in Jesus Christ

> I hope to see God In neighbor and the stranger And in the mirror

Go out in Christ's name Be his hands and feet today Reaching out to all.

> Now we are sent out To go into the wide world Speaking words of Grace

Healing is from you My hurts mended through and through Your Grace heals my heart Know that You are love Your Beauty goes to the core Made In God's image

> Walk with me, Jesus Guide me, urge me, please, lead me Lead me back to you.

You walk towards me I think you're a ghost again Call for me to walk

> "Trust me," Jesus says The storms rage on around me You don't let me sink.

Trust is not easy I struggle, yet hope in you. Change my heart, Jesus.

> credit and debit what I owe and what I get never balances

Credit and Debit
I am way out of balance
God will love me still

Guide me in your ways Your words turn me back to you Take me by the heart

> God, I need practice to love myself like you do. Give me eyes to see

May Grace renew me So I may see the neighbor Looking through God's eyes

> Yes, We are spoken Into very existence We are God's story

You lifted me up From the depth of my despair My God, I thank you

> All my groans are heard Spirit intercedes for me My words lifted up

Abide in my heart Spirit of the living God Fall afresh on me Faithful God of ours please hold us close to your heart. Let us hear your Grace.

> I worship today and cracks form in my armor so my heart can heal

I trip and stumble My transgression shows again God, I need your Grace

> You are a witness To God's outpouring of love When you least expect

Broken promises. God, I break my word to you. Good thing we have Grace.

> My heart is broken I have been betrayed again by my reflection

God, you hold me tight Broken not beyond repair You whisper to me. Many ways to serve And moments are made holy Living Christ is here.

The word "sad" hits home. It speaks the whole truth I feel.
I need a new word.

You left and I cried. Heart is tremendously sad. Love hurts bad right now.

> I was sad today and Jesus' arms held me tight. I felt hurt vanish.

I was sad again. I saw Christ in the neighbor. Heart healed a little.

Those sad eyes watch me, as I bandage up hurt knees. Sadness dissipates.

"Follow me," Christ says Does he mean drop everything? Let go, and let God. Jesus walks ahead I follow in his footsteps Being more like Christ

> You will follow me. Is that question or command? Depends on the day

Jesus' devotion to the world's transformation is seen in the cross

> Devotion to God Focuses my eyes to see Through cross-shaped glasses

My Heart is broken Home shattered with hurt and pain Longing for my God

> Home is many things From house, heart and another Grace forming the place.

<sup>&</sup>quot;Come Home," my God calls
"And where is home found?" I ask.
"Folded in My Grace."

I find home in bread I also find home in wine God says, "Welcome home!"

> Be my home and peace. Sheltering me in your Grace. I am home again.

Spirit, enter in. I ask you to guide my steps Make home in my heart

> May we proclaim Grace Speaking love in the darkness Light breaking through us

Full absolution for things done and left undone God gifts forgiveness

> I find the sign sought yet wonder, why it is there trapped in the mirror

Through baptismal Grace Faith's seed planted and watered The Spirit descends I think I wander far away from your presence. You never left me.

The gift called this life has paths in which we wander and I am thankful.

Promises of Lent broken the very first day shows God my frailty

> "Promise," I told God. And I broke it right away. Grace - God still loves me.

Grace is a promise That no matter your failings You are always loved

#### Easter

# Resurrected life Our sealed tombs are cracked open Death is defeated

This is a new day. And yet, your promise holds firm. You surprise me, God

> You surprise us, God. By the pouring out of love Claiming us with Grace

Grace given to us Generosity of Christ Spirit moves our hearts

> I lost sight of you But, God, you never lost me You restore my sight.

These cross-shaped lenses help restore my sight each day Washed by the Spirit

> God, sight-restorer Help me see me as you do With new Grace-filled eyes

Water like smooth glass Stillness beckons me closer To see God's beauty. Quiet mind, God's gift Stillness of Spirit has come Welcome, Holy One

> I look to you, God My fear has held me captive You have rescued me

I was paralyzed Fear gripped me and held me tight Grace has rescued me

> Rescued from my fear I am free of my self doubt Grace holding me tight

Love in Abundance It's almost overwhelming That's why it's called Grace

> Hibernating faith Longs for the winter to end And for Spring to come.

Grace is like the Spring Causing new life to sprout up From cold winter ground Awaken in me A sense of awe and wonder Found in empty tomb

> To be like you, Christ This is my prayer for today Help me act like you.

True community Shaped with bread, wine and water breathed to life by You

> Freedom from and for: From the things that have bound me For a life of Grace

Jesus brings this gift: Freedom from guilt, shame, and fear. Christ's Amazing Grace.

> The day says goodnight As sunset is upon us God's painted canvas

The distant Sunset Deep red, orange, and mystic pink God's hand paints the sky The pain of the day Vanishes like the Sunset. Joy found in the dawn.

> In my heart of stone, Listening deep for your Grace. Did you know stone melts?

Listening for you, What do you want me to hear? "Child, You are enough."

> I am listening. My own words fail me tonight. God, speak to my heart.

Wholeness is a gift Beyond health and beyond me. It is spirit deep.

> I pray for wholeness For that which is beyond me "Make me whole, Jesus."

What looks empty now is the seed for our wholeness, watered with your Grace.

"I love you deeply!" God speaks these words once again Because we forget

For God, here is truth: love is never just past tense Then, now, forever.

"Love me," heart cries out. It listens for the answer God whispers, "I do!"

> More than do and don't, God wants a relationship with all God's people

Our relationships overflowing with God's Grace makes this holy ground

> This relationship, the one God calls us into, will transform the world.

Serve one another Serve stranger, neighbor, and Christ Called to holy work When did I serve Christ?
"Do you want fries with this meal?"
unexpected ways

I long for the thing that people call contentment which I call God's gift

We seek Contentment Poured out from God and from life It is gift of Grace.

> Open my heart, God. I have closed it up real tight. Roll away the stone.

Open and waiting, Jesus' arms are spread out wide. God welcomes us all.

> Roll out wonder, God. Lightening, thunder, and rain. Amazement abounds

Your hand is at work, creating for our wonder. I stand here in awe.

You say you love us To our amazement it's true Grace abounds from you.

> "Touch my hands and side," Jesus speaks words to Thomas. My Lord and my God.

As I touch your fringe, I am made more than just healed I am now made whole

> Use me, gracious God To be your hands in this world To touch the outcast.

We are your children Claimed by you, and then sent out To serve your whole world

> You love your children Calling us to protect them For they are your light

Tenderness of heart, God embraces joys and fears found in the whole world. Quiet my soul, God. Help me; My thoughts are scattered. Center me in you.

> God, it is quiet. I stop, and take it all in. I listen for you.

The kids are quiet. They plan mischievous things. God, you understand.

Your abundant love is poured out over the world. It's Grace upon Grace.

Your laughter explodes Out of which will come the world The Creator smiles

> Live in the Rainbow One beam of light clarified into its glory

Light shines in darkness Light shines with rainbow colors. We are those colors. I remain steadfast In my hope for all the world Because of your Grace.

> I pray, "Remain here." In my hurt, joy, and sorrow. Wrap me in your Grace.

"Remain," Christ asks me.
"Remain faithful and awake."
I sleep, Christ remains.

God's vision of Grace Extends beyond my desire Which is why it's Grace

God give me vision to see the ordinary as your holy gift

> I don't see you, God My vision needs correction Let me look through Grace

Light shines through the cracks Those flaws I have tried to hide, Yet God seems to use. The light shines on us Bathing our hurt hearts with Grace Shattering darkness

> Sand between your toes You meet us to eat breakfast Fish and charcoal flame

We eat together Cross the lines that divide us With a holy meal

> Breath of life is here Spirit fills this very room The space in my heart

Church is created Spirit's presence pulls us in Makes us Christ's body

> Christ enters the room Jesus' presence fills us all We are his body

Locked in upper room. Fear keeps me here, in my tomb. Christ's peace still finds me. Monday of new life hold onto hope for this day: the tomb is empty!

> "Enough!" I had said. Thinking my God said the same. Not hearing, "You Are..."

I search my spirit I doubt and yet I worship Christ is present here

## Haiku Prayers

Leaves carried by wind Reminds me of the Spirit Drawing us to God.

> God, draw us to you. Like the wind carries the leaves, move us where you will

Wind blows on my face Spirit moves within my heart God, please move my feet.

> I feel torn apart. Heart breaks under weight of guilt. Grace redeems me still!

Water pours from sky. Reminding me of your love. Infusion of Grace.

> God, reform my heart Turn my heart of stone to clay Mold it as you will

I need you, Jesus. Feel embarrassed to say that. But I need you now. I wait on you, God As I listen for your voice, clear my heart from hate.

> Grace makes us all Saints. You have claimed us with your love. Now, let me respond!

I seek you out, God! Looking for you in darkness. May your light cut through!

> Never us and them It's always me turned to we God erases lines

God of the stranger, of the outcast and the poor, remind us of that.

> Rain falls upon me. God, remind me: with water You claim and not shame.

Voices all around. Help me quiet all but yours! God, speak to my heart. Thank you, Jesus Christ For giving us hearts to love and not giving up.

> Senseless tragedy rips open our hearts again Come, Lord Jesus, Come.

We worship you, God, in our hearts, with what we say, and with our actions!

Savior of the world You cross all lines that we draw Showing us your Grace.

My heart was restless. God's Grace has claim on my heart. I rest in Christ's love.

> The things in this world can be quite scary for me. Calm my soul, Jesus.

God, I struggle now with the "love thyself" command. Help me see like you.

God, you go with me to dark places of my soul Grace vanquishes dark.

> I give you thanks, God for gifts of love and Grace and people who share them!

I want to follow, but the path looks very rough. Help me trust in You.

> So much to do, God. Help me turn to you this day, and gift me your peace.

I people watch and am amazed at what I see: Christ all around me!

> I have nothing left, and I come to you threadbare. God, clothe me in Grace.

I draw many lines, To keep people in or out. God, erase these lines. My cup overflows, full of Grace and gratitude for you and your love.

> Voices from the past, speak all about your future: You are loved by Christ!

Help me, God, to see that in your promise of Grace, You make me enough.

> Nothing separates. God's Grace is everlasting. This is Christ's promise.

Worries take over. Help me carve out space for you. Spirit, come to me.

> Foot is in my mouth I try to redeem myself Thank you, God, for Grace

"Wait for me," I cry.
The world has gone on ahead.
God holds out both hands.

Morning Gratitude. Lifting up thanks for your love. Let me love like you.

> You have planted me Next to the living waters And you feed my soul

"You are my delight," God says again and again Through the gift of Grace

> Delight in God's Grace For Christ takes delight in you Embracing your heart

Fear has me watching my feet, so I don't stumble. God, move my gaze up!

> God, bring about growth. We wait for you with breath held. We call for your Grace.

God, please center me. Let me focus on your Grace So I may breathe joy. I am very tired God, I need your strength and Grace You show up again.

Friend's loving embrace.
A caring conversation
These are your ways, God.

Tears close to surface Heart tired from this sadness I fight the numbness

> My Heart is tender I reach out, touch who I love And I pull them close

"You are loved," God said And I look for someone else. "I'm talking to you!"

> Bright orange and red leaves Remind me of burning bush And God's voice speaking

Bright red and orange leaves Reminds me again of Grace: Forgiveness Reboot "Be my God," I cry
"I have been," God says smiling,
"from the beginning!"

Please be with my heart. Be my hope and be my peace You are, before asked.

"This is holy ground."
"It is," God says, "where you stand."
All ground is holy.

Our praise rises up From our lips to the heavens, Our Hearts expanding.

Creation has sung praise to you, creator God, In all its splendor.

> I have needed God to come rescue me from me. Praise be for God's Grace.

"Here I am, send me!" So God does, and says to me: "Go where I send you!" Your love will go out To the corners of the earth Reaching out in love

> Living water streams That flow from your heart, Jesus And bring life to us

Streams of water flow. From it, the tree's roots drink deep. Fruit for this season.

> From Christ's heart streams Grace; much like life-giving water that quenches our thirst.

I raise my lament. I am angry at my God. God responds with Grace.

> My heart breaks in two. Out of the cracks comes lament. I long for my God.

You are Sneaky, God! Your Grace works into our hearts In Amazing ways! Your love has found me I trip and stumble once more. God claims me again.

> Let me breathe in Joy and Let me exhale Kindness For in that, I'm whole.

God, I am struggling with these commandments of yours. I give thanks for Grace!

I am lost for words. I try to pray; nothing comes. God, help me listen.

God, I need your help I struggle to do your will. "I know. I love you."

Grace found in this day, will arise in many ways. God, give us clear sight.

I struggle with faith Yet, I lift it up to you Help me grow, Jesus. You are serious?" And God grinned at my question "Yep, I will use you!"

> God has named you, "Loved." God has called you, "Lovable." God won't change God's mind.

God's Amazing Grace. God has snuck in through the cracks of my broken heart.

> These Grace filled moments. Moments that will surprise us. Our God is sneaky!

God said, "I love you!" I laughed hard at this comment. God wasn't joking.

> I see Fall and know that we all can start anew. Leaves and Shame are shed.

My heart was guarded. God, you are sneaky with Grace. You found your way in!! God, You walk with me Mindful of ways I stumble Yet, you are patient.

> Help me be mindful Of your work in the whole world Hidden to my eyes

My heart and mind fail. Make me mindful of your Grace Which never leaves me

As a Child of God, gather at the kid's table. Be fed with God's Grace.

God is surprising: Mending hearts and clearing paths Sneaky God of Grace.

> Just as Sarah laughed, I laugh at God's promises. God still follows through.

God, you create love.
The Grace that pours out from you:
Our love is but hints.

Running on empty. Even coffee doesn't help Thankful for God's Grace

> World has felt quite dark. A single ray of Christ's Light cracks open my sky.

Gathered together, We become Christ's body now. May we extend Grace.

You said you would call. I have listened; heard nothing, just sounds of neighbors.

God created us. God spoke and said, "You are good." Grace reclaims our hearts.

> God speaks to my heart. One phrase knits it together. Grace says, "You are loved!"

I feel like a child I need to feel you near me. Gift me Grace and Friends. I look for you, God I long to feel you near me Gift me heart and eyes.

> The Word became flesh. God spoke with a voice of Grace: Christ says, "You are loved."

Love: glimpse of God's Grace. It feels amazing to love, And to receive love!

(Re)member me, God. (Re)form me in your image. (Re)claim me as yours!

Wrestle with failings until your Grace intercedes looking like a friend

> I have been wrestling I think it is with my God But it is with me!

God's Grace transforms us. Takes heart which is petrified; creates it anew. Streams of water flow From it, the tree's roots drink deep. Fruit for this season.

> From Christ's heart streams Grace; much like life-giving water, that quenches our thirst.

You have sent me, God. Some days, I don't want to go! Christ still goes with me.

> Wind blown waves crash in. Shelter me from the chaos. Cover me with Grace.

Shame wants to claim me. God also wants to claim me. God will always win.

Christ, I give you thanks: For the love that fills our hearts,
True wonder of Grace.

Three dance together God leading by example Laughing, hand in hand You uplift our hearts which long to know of your love. Your Amazing Grace.

Uplift my Spirit. Please, Jesus Christ, come to me. Make home in my heart.

When I am afraid, Your promise is my stronghold. God, work in my heart.

> The Word became flesh. God spoke with a voice of Grace: Christ says, "You are loved."

Light shines upon us. Illuminating our hearts. Seen as we reach out!

The Word became Flesh. The Word tented among us. Christ, the Living Word

We glimpse your love, God, when we reach out to share love. Give us eyes to see!

You gift us your Grace A free gift that is not cheap. Grace changes my life!

> Baptismal waters drench me to my very core. Please help me to grow.

My heart feels so small. Help it grow to welcome you, found in the neighbor.

We belong to you as people wrapped in promise We are heirs to Grace

God creates wonder Like a child, I am in awe watching God's paint brush.

> We breathe in the day. Taking in that which is gift. Exhale gratitude.

Prayers rise up to you Questions long for an answer. I lean into you. God, I have no word Yet, the Spirit intercedes And translates my sighs.

> My attention wanes. Gift an undivided heart To saint and sinner.

Undivided God You are so clear on one thing: Love of creation!

> Christ undivided, Confuses those who seek harm But Jesus loves them.

You are my strength, God. I fade, and find myself weak. Yet, you help me stand.

Knees have given way The world presses down on me God, please be my strength

Yes, I am surprised. Just when I thought I was done, You give me your strength. I feel far away Something on the horizon You running to me

> Jesus lifts me up as I have fallen, again. God's Grace is like that.

I see lots of weeds But God, you see something else! Grace turns weeds to Wheat

> Please, when you find out how God's Amazing Grace works: Tell world from mountain!

We are wheat and weeds Saints and Sinners, at same time We are loved, Thank God!

> My trail of bread crumbs: the world has devoured them. Bread of Life, lead me

Jesus, please have mercy! Set me free from what binds me God, I need your Grace. Chasm of the heart Feel quite distant from you, God Grace tightens the gap

> I withdraw from You. A far off deserted place. Yet, You seek me out.

You call each of us You equip each differently Send us together

> Give me a new ear, and I hear your Grace-laced words: You love everyone

Jesus' wondrous Grace Has Enfolded me again Christ Reclaiming me.

> Come and see the one Who takes away all my shame And gives me God's Grace!

The Shame the world gives Cannot withstand Jesus' Grace. I am, "Child of God!" Prayers rise up to you. Questions long for an answer. I lean into You.

> Meet me at the well. I long for living water, The gift of your Grace.

God of the desert, You give me living water For my thirsty soul!

> Open our minds, God Christ, speak words that expand hearts. Spirit, give us life.

This is your day, God!
"Every day is mine," God says,
"Sabbath is for you!"

God's Grace is sneaky.
Grace invades our hearts with truths,
like we're lovable!

I dwell in your word The Living Word will find me I trust in you, God. Ever-Present God cast out ever-present fear. Replace with your hope.

My words falter, God I try to speak, but cannot. We sit quietly.

I trust in you, Christ. Please, Calm the waves in my soul. Bring peace to this place.

> I sing a new song That Christ has placed in my heart Help me lift it up!

Your Grace claims us, God You delight in creation, And this includes us!

> Colors of rainbow God shows equal love for all May we reflect God

Make me new, Jesus Replace the old heart with new. Turn my eyes to you God opens my heart which was locked tight for so long God's Grace is the key.

> You boast about us We are your loved creation You pour out your Grace

I feel my weakness. Help me love like you love me God, I need your Grace.

> Left all at the cross. so I thought; I still hold tight Help loosen my grip.

Jesus, you call us from where we are found today. Give us ears to hear.

> Widen the circle cast the net, far and wide. God's Love is for all.

Rejoice in the Lord Again, I will say, "Rejoice! God's Grace be on you! Compassion for us. That is the look in Your eyes. Grace pours from Your heart.

> God says, "You are loved!" This is the power of Grace which our God pours out.

Peace for those far off is the promise of our God. I need that promise.

I need new glasses to see the world as you see. Grace-infused lenses

"God, is it too late?" God laughs and smiles wide at me "Silly." God hugs me.

> "Not my will but yours." These words sighed by you, Jesus. Grace poured out for us.

You cross all the lines that I have drawn to exclude myself from your Grace. It has been so long; Captive to this that binds me. Christ, please set me free!

> My soul is heavy. The World's worries weigh me down. Let me rest in you.

Thought I was broken beyond all hope of repair but then you showed up

> God, you show us love. Grace pours out from you always We love since we're loved.

Christ, everyone fled. Afraid, I would have fled too. Grace still overflows.

> My heart torn in two God, please restore me to new Grace has this power.

Jesus, be my strength Give me the power to love myself and neighbor. My heart is healing. Grace binds pieces together stronger than before

> Your joy-infused Grace Has entered my life full force. New life has found me

God, looking for you sometimes feels like country song. Help me write new words!

Change my heart, O' God. I struggle with this love thing and me loving me.

Mind wants to serve you, But my heart cries out, "Not now!" Change my heart, O' God!

Change my heart, O' God. I will love my enemy, until that means . . . me.

Light shines in darkness. Vulnerable and human, You tent among us. Bread, Wine and washed feet Jesus serves Judas supper Which gives hope to all.

## About the Author

John W. Stevens' first book, "Fall into Life," is a book of poems about faith, life and recovery from broken relationships. It is a collection of poems that give insight into his own journey of healing.

John has been a participant in NaNoWriMo (National Novel Writing Month) for three years, and is proud that he has three very rough drafts of novels waiting to be finished.

John is an ELCA Lutheran pastor, sleight of hand magician, poet, avid reader, coffee lover, and father of two brilliant, beautiful, and talented children.

John grew up in Idaho Falls, Idaho, and has lived in Washington, California, Alaska, and currently lives in Oregon City, Oregon. He serves Zion Lutheran Church as their pastor.

This I know for sure:
There is no poem greater than the words, "I love you!"

This book is dedicated to those I love!





My one word haiku would need to be pretty good. So I pick this: Grace.